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Product Information Sheet

Brand name: MediDrink OpLoad

Description: MediDrink Opload is a food for special medical purposes for the preoperative dietary management of surgery patients. MediDrink Opload is lactose- and gluten-free.

Presentation: MediDrink Opload is a nutritionally incomplete, high energy (1.0 kcal/ml), carbohydrate-rich (100 energy %), clear, ready-to-drink liquid sip feed, enriched with vitamin-C and zinc.

Precautions: Must be used under medical supervision. For enteral use only. Not suitable for parenteral feeding. Not suitable as a sole source of nourishment. Not for patients with delayed gastric emptying. Not suitable for children under 3 years of age. Use with caution in children aged 3-6 years and in patients with insulin resistance or diabetes. Packaged in a protective atmosphere.

Dosage: Not suitable as a sole source of nourishment. Recommended allowance for adults: 2 packs 12 hours before surgery, and an additional pack 2 hours before surgery. Do not consume within 2 hours prior to surgery.

Instructions for use: Shake well before use. Best served chilled. Drink it in five minutes.

Storage: Should be stored between 2 and 28 °C. Once opened, store in refrigerator and discard unused content after 6 hours.

Flavours: Lemonade

Shelf life: 24 months from date of manufacture

Pack size: 15x200 ml, Tetra Prisma® Aseptic 200 Edge DreamCap™ 26 Pro, laminated pack cartons with plastic screwcap.



| Average content | UNIT | per 100 ml | pack = 200ml | per 100 kcal | per 100 kJ |
|-----------------------|-------------------|------------|--------------|--------------|------------|
| Energy value | kJ | 418 | 836 | 418 | 99.9 |
| | kcal | 100 | 200 | 100 | 11.9 |
| Fat | g | 0.00 | 0.00 | 0.00 | 0.00 |
| - Saturated | g | 0.00 | 0.00 | 0.00 | 0,00 |
| - Monounsaturated | g | 0.00 | 0.00 | 0.00 | 0.00 |
| - Polyunsaturated | g | 0.00 | 0.00 | 0.00 | 0.27 |
| Carbohydrate | g | 25.0 | 50.0 | 25.0 | 2.99 |
| of which sugars | g | 11.4 | 22.8 | 11.4 | 1.36 |
| of which lactose | g | < 0.10 | < 0.20 | < 0.10 | 0.01 |
| Fibre | g | 0.00 | 0.00 | 0.00 | 0.00 |
| Protein (cow milk) | g | 0.00 | 0.00 | 0.00 | 0.00 |
| Salt | g | 0.00 | 0.00 | 0.00 | 0.00 |
| Trace elements | | | | | |
| Zinc | mg | 5.00 | 10.0 | 5.00 | 0.60 |
| Vitamins | | | | | |
| Vitamin C | mg | 20.0 | 40.0 | 20.0 | 2.39 |
| density | g/cm ³ | 1.078 | | | |

Energy distribution:

| | |
|---------------|---------|
| Protein | 0.0 % |
| Carbohydrates | 100.0 % |
| Fat | 0.0 % |
| Fiber | 0.0 % |

Ingredients:

Lemonade flavour: water, maltodextrin, isomaltulose, sucrose, citric acid (E330), L-ascorbic acid- (E300), flavour (citrus-lemonade), zinc gluconate, colour (beta-carotene).

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