

Doc ID: MDGA200-PIS-v.4.0-03.2025

Product Information Sheet

Brand name: MediDrink Gastro

Description: MediDrink Gastro is a food for special medical purposes for the dietary management of active phase of Crohn's disease as a sole source of nutrition and dietary management of inflammatory bowel diseases as nutritional support. MediDrink Gastro is lactose- and gluten-free.

Presentation: MediDrink Gastro is a nutritionally complete, high energy (2.0 kcal/ml), high protein (19 energy %), and low carbohydrate (29 energy %), ready-to-drink liquid sip feed, enriched with MCT, L-arginin, L-glutamin, and choline.

Precautions: Must be used under medical supervision. For enteral use only. Not suitable for parenteral feeding. Not suitable for children under 3 years and patients with galactosemia or hereditary fructose intolerance (fructosemia). Use with caution in children aged 3-6 years according to the nutritional needs. Packaged in a protective atmosphere.

Dosage: Suitable as a sole source of nourishment. Recommended daily allowance is 5–6 packs per day for adults as a sole source of nutrition or 2–3 packs per day as supplementation.

Instructions for use: Shake well before use. Best served chilled. Drink slowly in small volumes.

Storage: Should be stored between 2 and 28 °C. Once opened, store in refrigerator and discard unused content after 24 hours.

Available flavours: chocolate, strawberry, vanilla

Shelf life: 12 months from date of manufacture

Pack size: 15x200 ml, Tetra **Prisma**® Aseptic 200 Edge DreamCap™ 26 Pro, laminated pack cartons with plastic screwcap



Average content	unit	per 100ml	per 200ml	per 100kcal	100kJ
Energy content	kJ	837	1674	419	100,02
	kcal	200	400	100	23,90
Fat	g	11,4	22,8	5,70	1,36
saturated	g	4,50	9,00	2,25	0,54
monounsaturated	g	4,60	9,2	2,30	0,55
polyunsaturated	g	2,30	4,60	1,15	0,27
Carbohydrate	g	14,3	28,6	7,15	1,71
of which sugars	g	12,90	25,8	6,45	1,54
of which lactose	g	0,1	0,20	0,05	0,01
Fibre	g	2,00	4,00	1,00	0,24
Protein	g	8,0	16,0	4,00	0,96
Salt	g	0,35	0,70	0,18	0,04
Minerals					
Calcium	mg	258	516	129	30,83
Potassium	mg	169	338	84,5	20,20
Phosphorus	mg	145	290	72,5	17,33
Sodium	mg	139	278	69,5	16,61
Chloride	mg	112	224	56	13,38
Magnesium	mg	29,4	58,8	14,7	3,51
Trace elements					
Zinc	mg	3,00	6,00	1,50	0,36
Iron	mg	2,10	4,20	1,05	0,25
Manganese	mg	0,40	0,80	0,20	0,05
Copper	µg	290	580	145	34,66
Fluoride	mg	0,16	0,32	0,08	0,02
Iodine	µg	24,0	48,0	12,00	2,87
Selenium	µg	20,0	40,0	10,00	2,39
Molybdenum	µg	16,1	32,2	8,05	1,92
Chromium	µg	10,8	21,6	5,40	1,29
Vitamins					
Vitamin C	mg	40,0	80,0	20,00	4,78
Vitamin E	mg α-TE	6,00	12,0	3,00	0,72
Niacin	mg NE	5,36	10,7	2,68	0,64
Pantothenic acid	mg	1,70	3,40	0,85	0,20
Vitamin B6	mg	0,36	0,72	0,18	0,04
Riboflavin	mg	0,33	0,66	0,17	0,04
Thiamin	mg	0,29	0,58	0,15	0,03
Vitamin A	µg-RE	116	232	58,00	13,86
Folic acid	µg	100,0	200	50,00	11,95

Vitamin K	µg	25,6	51,2	12,80	3,06
Biotin	µg	8,10	16,2	4,05	0,97
Vitamin D	µg	1,45	2,9	0,73	0,17
Vitamin B12	µg	0,90	1,80	0,45	0,11
density	g/cm3	1,071			

Energy distribution:

Protein	19.0 %
Carbohydrates	29.0 %
Fat	51.0 %
Fiber	2.0 %

Ingredients: water, **cow's milk protein** (80% casein, 20% whey protein), rapeseed oil, glucose syrup, MCT oil, sucrose, isomaltulose, maltodextrin, L-glutamine, L-arginine, fibre (acacia gum 55%, fructo-oligosaccharide 30%), emulsifier (**soy lecithin**), tripotassium-citrate-monohydrate, stabilizer (E500), calcium-carbonate, trisodium-citrate, sodium-chloride, magnesium-carbonate, colour (beta-carotene (in case of vanilla flavours), aroma, colour (plain caramel (in case of chocolate flavours)), choline bitartrate, L-ascorbic acid, sodium-fluoride, zinc gluconate, colour (carminic acid (in case of strawberry flavours)), ferrous (II) sulphate, DL-alpha-tocopheryl acetate, selenium yeast, manganese (II) gluconate, chromium (III) chloride, sodium molybdate dihydrate, potassium-iodate, nicotinamide, cupric-gluconate, sodium-selenite, retinyl acetate, calcium-D-pantothenate, phytomenadione, D-biotin, cholecalciferol, riboflavin-5'-phosphate sodium salt, cyanocobalamin, thiamine hydrochloride, pyridoxine hydrochloride, folic acid (pteroylmonoglutamic acid).

Prepared by:
 Réka SZÁSZ-FÓRIS
 Regulatory Expert

Approved by:
 Dr. Gellért György CSEH
 CEO

Medifood International SA • Avenue Beauregard 1., CH-1700 Fribourg, Switzerland • T: +41 26 347 28 80

Medifood International Trading Zrt. • Medifood Hungary Innovation Kft.

Address / Postacím: 1112 Budapest Alsóhatár u.3., Hungary • E-mail: info@medifoodinternational.com

Medifood South Africa Ltd. • HB Forum, 13 Stamvrug Street, Val-de-Grace, Pretoria 0184 • T: +27 (0) 72 010 0914

Medifood UK Ltd. • C/O Beever and Struhers One Express, 1 George Leigh Stret, Manchester, England, M4 5 DL

Medifood Romania S.R.L. • Bucuresti Sectorul 2, Soseaua Pantelimon, Nr. 82., Bloc 420A, Scara 1, Etaj 3, AP.24
 valid from: 27.03.2025

www.medifoodinternational.com